**An Introduction to Positive Discipline**

With Sahara Pirie, CPDLT

**Description:**

This workshop illustrates PDs deep roots in respecting individuals while still holding them accountable and responsible for their deeds and actions. This allows us to effectively solve problems while strengthening relationships, helping children take responsibility and learn life skills. Parents remain authority figures who can guide and teach while maintaining dignity and respect for themselves and their children. These same principles can be applied in the workplace or education system.

 **Presenter Bio:**Sahara, a well known parent educator and trainer in the Seattle area, has been teaching PD for ten years.  Her passions include bringing joy back into parenting and creating community filled with dignity and respect.  Sahara lives in Seattle with her husband, Jim and their daughter Emma.

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