**Keeping the Joy in Marriage**

With Dr. Jane Nelsen, Founder of PDA and   
Mary Nelsen Tamborski, PDTC

**Description:**

Several couples have used the Positive Discipline Tool Cards to enhance their marriages with “honeymoon” type results. Now we have “Keeping the Joy in Marriage Tool Cards” for couples. This workshop will include experiential activities to help couples create deeper understanding and appreciation for each other, as well as tools for managing the challenges they face.

**Presenter’s Bio:**

Dr. Jane Nelsen is the mother of seven children and grandmother of 20 grandchildren. She is a licensed Marriage, Family and Child Therapist and the author and/or coauthor of eighteen books including the *Positive Discipline* series, and *Keeping the Joy in Marriage Tool Cards and eBook.*

Mary Nelsen Tamborski is a Licensed Marriage and Family Therapist Intern being supervised by Aisha Pope at Roots and Wings Counseling and Consulting in La Mesa. Mary is the co-author of *Keeping the Joy in Marriage Tool Cards and eBook*. She now loves coaching other parents and couples in finding solutions to challenging behaviors.

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