

ONLINE



# POSITIVE DISCIPLINE SUMMER TEACHER SERIES

Interpretation available during Live Sessions in Spanish, French, Portuguese, and Arabic!

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**JULY 12 - AUGUST 2, 2022**

**1:00 PM - 3:00 PM (EST)**

Register at [www.postivediscipline.org](http://www.postivediscipline.org)



# POSITIVE DISCIPLINE TOOLS FOR TEACHERS



**Presenters:** Jane Nelsen & Kelly Gfroerer

**Date:** July 12, 2022

**Time:** 1 PM – 3 PM (EST)

## **Session Description:**

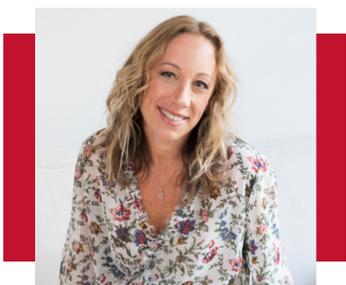
The number one stressor for teachers who want to make a difference in the lives of their students is the time they spend dealing with misbehavior. Teachers from around the world have shared how Positive Discipline Tools for Teachers can save them time and stress—and make discipline encouraging and helpful instead of discouraging and stressful.

This session will help educators better understand the downside of using a reward and punishment system, and what to do instead to inspire and motivate students. Research shows that using rewards and punishment actually decreases internal motivation, cooperation, self-control, and independent problem-solving. Positive Discipline increases all of these important life skills.

## **Learning Objectives:**

1. Participants will learn an overview of the Positive Discipline Model based on the work of Alfred Adler and Rudolf Dreikurs.
2. Participants will understand research about why rewards and punishments do not work long term and specific tools to help students develop important social-emotional life skills needed for academic and life-long success.

# BUILDING POSITIVE DISCIPLINE CLASSROOM COMMUNITIES: WHY SEL MATTERS MOST



**Presenter:** Joy Marchese

**Date:** July 19, 2022

**Time:** 1 PM – 3 PM (EST)

**Session Description:**

How can we create a safe and inclusive classroom community where every student feels a sense of belonging and significance? By developing SEL competencies, such as understanding and managing emotions, developing empathy, establishing and maintaining positive relationships, and making responsible decisions, students will have a more positive attitude toward themselves, others and school, show more positive social behaviours inside and outside of the classroom, and increase their academic performance as a result.

During this session I will share four essential Positive Discipline principles that build classroom community and help children become socially-emotionally competent human beings. This session will be experiential, fun, and applicable. You will leave feeling motivated and more equipped to apply Positive Discipline principles in your classroom.

**Learning Objectives:**

- 1.Participants will learn how to create an equitable classroom community based on empathy and mutual respect.
- 2.Through experiential activities participants will learn tools and activities to deepen connection and teach social emotional skills in the classroom.
- 3.Participants will be able to facilitate effective class meetings to teach social skills and problem-solving.

## UNDERSTANDING THE FOUR GOALS OF STUDENTS' CHALLENGING BEHAVIOR AND HOW TO ENCOURAGE CHANGE



**Presenter:** Dodie Blomberg

**Date:** July 26, 2022

**Time:** 1 PM – 3 PM (EST)

**Session Description:**

This super fun two-hour introduction and a deep dive into the Four Mistaken Goals of Misbehavior is not to be missed. Have you ever wondered WHY children do some crazy misbehaviors? This is workshop will help you identify the Four Mistaken Goals, understand the belief behind the 'mis'behavior and many tools to help children (and you) move back towards more helpful behaviors.

**Learning Objectives:**

- 1.Participants will be able to utilize the Mistaken Goal Chart to identify their child's mistaken goal in challenging situations.
- 2.Participants will be able to describe and share their feelings associated with each of the 4 Mistaken Goals.

# CRACK THE CODE TO BEING KIND AND FIRM IN THE CLASSROOM



**Presenter:** Dina Emser

**Date:** August 2, 2022

**Time:** 1 PM – 3 PM (EST)

## **Session Description:**

Understanding how to be both Kind and Firm is one of the hardest practices for teachers to grasp because it is difficult to get past the idea that firm means harsh and kind means weak. In this session we will find ways to "change our minds" about classroom management. Classroom examples of being both kind and firm will be shared with specific steps teachers can take to embrace this style. Benefits of this style include more cooperation from students of any age and is also helpful when partnering with parents.

## **Learning Objectives:**

1. Teachers will learn about the impact (short term and long term) of 3 styles of classroom management: kindness, firmness, kind and firm at the same time.
2. Teachers will learn a system to help them be aware of their own style, and specific ways to shift to kind and firm at the same time in order to promote cooperation, engagement and responsibility.