**Post-Workshop Early Childhood Observation and Reflection**

For each section below, use the space provided (or make your own template) to reflect on the components of a day in an early childhood setting. Be sure to read through this form before your observation so you know what to look for.

Please consider two perspectives:

1. If you were a child in this program, what would have helped you feel a sense of belonging and connection? What opportunities were offered to help you feel capable and able to make a contribution?
2. As an early childhood educator, what did you notice about each component of the day that was encouraging? What ideas, if any, do you have for how you might improve that part of the day?

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| **Part of the Day** | **Reflections** |
| **Arrival** |  |
| **Class meeting or circle time** |  |
| **Transitions** |  |
| **Indoor play** |  |
| **Outdoor play** |  |
| **Problem solving** |  |
| **Disruptive behavior**  |  |
| **Meals** |  |
| **Departure** |  |

In addition, how did this program approach learning? To what extent were screens present and used in the classroom? What opportunities were offered for sensory exploration, active play, and large-muscle movement? Was the focus on academics or social emotional learning, or both?

What observations did you make about the facility itself? Was the furniture and equipment appropriate for the age of child? Was time provided for outdoor play?

How did teachers and staff handle behavior challenges? How did they demonstrate empathy? How did they either focus on solutions or use punishment/consequences or rewards?

If you were asked to make recommendations for this program, what specific recommendations would you make? Why?