**Early Childhood Observation and Reflection Form**

This form should be used to document your learning and reflections for EACH observation. You need one form per observation. All reflections should be submitted in one single file.

Please consider several perspectives:

1. If you were a child in this program, what would have helped you feel a sense of belonging and connection?
2. What opportunities were offered to help you feel capable and able to make a contribution?
3. From an early childhood perspective, what did you notice about each component of the day that was encouraging?
4. What ideas do you have for how you might improve various parts of the day using Positive Discipline?

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Start time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ End time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Part of the Day** | **Reflections** |
| **Arrival** |  |
| **Class meeting or circle time** |  |
| **Transitions** |  |
| **Indoor play** |  |
| **Outdoor play** |  |
| **Problem solving** |  |
| **Disruptive behavior** |  |
| **Meals** |  |
| **Departure** |  |