



EMPOWERING PEOPLE IN THE WORKPLACE



This workshop developed by Jane Nelsen and Dina Emser, is designed to provide a step- by-step approach to help business professionals understand how to create a culture of mutual respect in the workplace. This program stands alone or offers significant enhancement to other leadership programs; it emphasizes experiential activities based on Positive Discipline principles and tools to inspire deeper understanding and change. Participants say that the Team Problem Solving Steps and the Team Meeting process provide fun and effective ways for them to get specific help with real opportunities and challenges at work. The ONLINE workshop will include in-person Zoom meetings as well as independent study between sessions. Materials will be sent to your home if you live in the US and by PDF if you live outside the US.

- * Attendees will earn recognition as Certified Empowering People in the Workplace Facilitators and will learn:
- * Ways to use empowering methods of communication to promote a respectful, highly productive workplace environment. How Positive Discipline principles present a timely, holistic model for businesses.
- * Core Positive Discipline activities for a workplace audience.
- * Deeper understanding of Top Card with a focus on strengths and learn how to use other Empowering People tools in workplace situations.
- * How childhood memories impact some of your beliefs.
- * How to be encouraging to yourself and others.
- * How the Team Meeting process and Team Problem Solving Steps (that are so effective in families, classrooms, and marriages) are also fun and effective in businesses. Learn Positive Discipline and Adlerian concepts for use in the classroom, preschool community, and with parents.

When:

Friday, Saturday, and
Sunday
November 7, 8, 14, and 15,
2020 (Four days)
6:00 am – 10:00 am, PST

Where:

ONLINE via Zoom

Cost:

\$575 Before October 6,
2020
\$625 After October 6, 2020

Materials:

- EPW Facilitator Manual
- EPW Workbook
- EPW Tool Cards
- Quick Reference Guides for Team Meetings and Teams Problem Solving Steps

Register:

[Heartfeltparenting.org/register](https://heartfeltparenting.org/register)



Dina Emser is a Lead Trainer with Positive Discipline, as well as a Certified Professional Coach. Dina has experienced the value of Positive Discipline in her role as parent, teacher, school principal (in a school using Positive Discipline school-wide), and business coach and consultant. Dina hired a coach when she served as school principal and was so impacted by the results, she

decided to become trained in the new industry. She chose a coaching program that closely aligned with her training in Positive Discipline and has been using these shared principles for 18 years. She has worked with business professionals in Fortune 100 companies in software development, insurance and financial consulting. She has also worked with women business owners, owners of small or family-owned businesses, and non-profit directors.

As a school principal, Dina learned first-hand how to translate the Positive Discipline tools she had practiced with children into one that was equally rewarding with adults. Positive Discipline in the Workplace speaks to her passion and is her first official partnership with Jane Nelsen.



Yogi Patel is the founder of Heartfelt Parenting, a Positive Discipline and Montessori consultancy, as well as the former Director and owner of Kinderhouse Montessori Schools. Her passion is educating and nurturing children and offering personal guidance for parents and educators and businesses. Fueled by her passion, Yogi offers Positive Discipline seminars and educational training to teachers, parents, children and staff members of all ages.

Before Yogi became a Certified Montessori Teacher and a Certified Positive Discipline Trainer, she managed businesses and led an employee training program for one of the PepsiCo's restaurant chains. Here in San Diego, Yogi completed the Association Montessori Internationale training program and founded her first Montessori School in 2001, later expanding to a second location in 2008. She feels fulfilled helping children and elderly members gain a sense of belonging and significance. When Yogi isn't working, she enjoys yoga, and gardening.

What others are saying:

"The program provided me with the opportunity to learn how to connect more and relate better with my employees, so as to get them motivated and effective."

-Paul Atang, Executive Director, CEO Capital Care Inc.

"For all schools that are interested in implementing Positive Discipline, it is important that the leadership "walks the talk". This workshop shows you exactly how to do it!"

-Hortencia Patto