

# Teaching Parenting

The Positive Discipline Way



## Become a Certified Positive Discipline Parent Educator!

Research has demonstrated the importance of social and emotional learning, even above academics. Positive Discipline parenting tools teach valuable social and life skills without using any form of punishment, rewards, praise, permissiveness and even logical consequences—at least hardly ever.

Participants will:

- Learn research based effective tools and techniques for teaching parents how to use discipline that is kind and firm at the same time (non-punitive non-permissive)
- Learn how to use materials and activities in group settings, parenting classes and individual work with families.
- Gain practice with experiential exercises for “getting into the child’s work” to understand the “belief behind behavior” in order to motivate change.



**Deepen your understanding** of the Adlerian approach to parenting.



**Learn how to facilitate a** parenting class using experiential activities.



**Learn why children** misbehave and how to respectfully encourage change.

## YOUR FACILITATORS

**Aisha Pope**, is a wife and mother of 2, a Licensed Clinical Social Worker, and a Certified Positive Discipline Trainer. Aisha is co-founder of Roots & Wings Consulting in La Mesa, CA, where she offers individual, couples, and family therapy, Positive Discipline Workshops for parents and professionals, parent coaching, and other consultation services.

**Mary Nelsen Tamborski**, wife and mother of three young boys, is a Licensed Marriage and Family Therapist in San Diego. She is also a Certified Positive Discipline Trainer and Parenting Coach. Mary is co-author of the "Positive Discipline Tool Card Book," and "Keeping the Joy in Marriage Tool Cards" and eBook of the same title, with her mother, Jane Nelsen. She is a popular keynote speaker, Positive Discipline Trainer, and workshop presenter, and offers many Positive Discipline Parenting classes.

**Register at:**  
[www.positivediscipline.org](http://www.positivediscipline.org)

Fee: \$425 (includes materials)

**Early Bird: \$375** (if registered and paid by  
MAY 31, 2018)

Workshop limited to 35 participants

Contact Information:

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## CE Credit (13 Hours)

Positive Discipline Association has been approved by



NATIONAL BOARD FOR  
CERTIFIED COUNSELORS.

NBCC as an Approved Continuing Education Provider. ACEP No. 6723. Programs that do not qualify for NBCC credit are clearly identified. Positive Discipline Association is solely responsible for all aspects of the programs.

Cancellation Policy at:  
[www.positivediscipline.org](http://www.positivediscipline.org)