

*Gift yourself and your family a gift that will last a lifetime!*

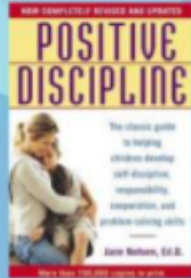

## **Empowering Parents with Positive Discipline**

*All Ages*

6 week virtual class to connect with other parents/caregivers in a judgement-free environment. Both parents are encouraged to join.

Date: Wednesdays November 11 - December 16, 2020  
Time: 6:00pm - 8pm  
Location: Online via Zoom  
Cost: \$180  
\*\*Register before Oct 16 for the Early Bird Discount \$130\*\*

Contact: [melody@empoweredlifecounseling.com](mailto:melody@empoweredlifecounseling.com)



*Empowered Life  
Counseling*  
Igniting Mindful Shift in Motherhood