

# TEACHING PARENTING THE POSITIVE DISCIPLINE WAY ONLINE TRAINING



DESIGNED FOR PARENT EDUCATORS / TEACHERS / THERAPISTS / CHILDCARE PROFESSIONALS

## Become a Certified Positive Discipline Parent Educator

This is an online interactive workshop designed for parent educators, teachers, therapists, childcare professionals and others who want an effective discipline approach. This method is based on Adlerian Psychology and integrates social and emotional learning while reducing challenging behaviors. Successful participants will earn recognition as a Certified Positive Discipline Parent Educator and will:

- **Learn research based and effective tools and techniques** for teaching parents how to use discipline that is kind and firm at the same time (non-punitive, non-permissive)
- **Learn how to facilitate a parent class** from the position of a non-expert and gain practice with experiential exercises that help parents go beyond intellectual understanding to be able to respond in empowering ways that teach children
- **Learn how to use materials and activities** in group settings, parenting classes and individual work with families

## Earn 13 Continuing Education Credit Hours

The Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6723.



Yogi Patel is the founder of Heartfelt Parenting, a Positive Discipline and Montessori consultancy, as well as the former Director and owner of Kinderhouse Montessori School. Her passion is educating and nurturing children and offering personal guidance for parents and educators. Fueled by her passion, Yogi offers Positive Discipline seminars and educational training to teachers, parents, and children of all ages.

Before Yogi became a Certified Montessori Teacher and a Certified Positive Discipline Trainer, she managed businesses and led an employee training program for one of the PepsiCo's restaurant chain. Here in San Diego, Yogi completed the Association Montessori Internationale

training program and founded her first Montessori School in 2001, later expanding to a second location in 2008. Yogi is currently a member of the Diversity and Inclusion taskforce for the Positive Discipline Association. She feels fulfilled helping children and elderly members gain a sense of belonging and significance. When Yogi isn't working, she enjoys yoga, gardening, and HIIT training.

## When

April 6,8,13, 15, 20 &  
22, 2021

5:30 – 7:30 pm PST

## Where

Online – A link will be provided closer to the seminar date.

## Register at

[www.positivediscipline.org](http://www.positivediscipline.org)  
Regular: \$425 (includes materials)

Early Bird: \$375 if registered and paid by March 10, 2021

4+ participants registering together will receive a \$50 discount (up to 30 participants)

## Refunds

A full refund (minus a \$35 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop.

Refunds are not available for cancellations less than 30 days before a workshop.

Paid registrants can transfer to another workshop within one year at no additional cost.

Refunds are not available after a transfer is made or if you do not provide advanced notice that you will not be attending the workshop.

## Contact

[yogi@heartfeltparenting.org](mailto:yogi@heartfeltparenting.org)  
619-356-1149