

TEACHING PARENTING

THE POSITIVE DISCIPLINE WAY

FEBRUARY 8-9, 2020 (SAT-SUN)
8:30 AM - 4:30 PM

1936 Quivira Way, San Diego, CA 92109

Become a Certified Positive Discipline Parent Educator!

Teaching Parenting the Positive Discipline Way (developed by Lynn Lott and Jane Nelsen) is a research-based parent education program that provides a step-by-step approach to starting and leading experientially based parenting groups. This program stands alone or offers significant enhancement to any program. It provides experiential activities that reach the heart to inspire deeper understanding and change.

Participants will:

1. Learn research-based effective tools and techniques for teaching parents how to use discipline that is kind and firm at the same time (non-punitive, non-permissive).
2. Learn how to facilitate a parent class from the position of a non-expert.
3. Gain practice with experiential exercises that help parents go beyond intellectual understanding to be able to respond in empowering ways that teach children.
4. Learn how to use materials and activities in group settings, parenting classes, and individual work with families.

13 CE Credit Hours

-Learn Practical Tools

-Gain Insights

Facilitated by

Yogi Patel, CPDT

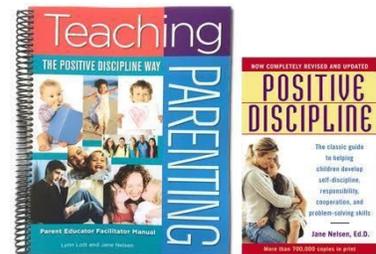
[Register here](https://www.heartfeltparenting.org/seminar-registration/teaching-parenting-1)

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Register at: Cost: \$425 (includes materials), \$375 if registered by January 7, 2020; 3+ registering together take \$40 off the registration fee for each

Materials Included:

- Teaching Parenting Manual
- Positive Discipline Book



About the Facilitator



Yogi Patel is the founder of Heartfelt Parenting, a Positive Discipline and Montessori consultancy, as well as the former Director and owner of Kinderhouse Montessori School. Her passion is for “educating and nurturing children and offering personal guidance for parents and educators”. Fueled by her passion, Yogi offers Positive Discipline seminars and educational training to teachers, parents, and children of all ages, and is also an early childhood advocate for Public Policy in California.

Before Yogi was a Certified Montessori Teacher and a Certified Positive Discipline Trainer, she managed businesses and led an employee training program for one of the PepsiCo restaurant chains. Here in San Diego, Yogi completed the Association Montessori Internationale training program and founded her first Montessori School in 2001, which expanded to a second location in 2008. Yogi is currently a member of the Diversity and Inclusion taskforce for the Positive Discipline Association. She now feels fulfilled when helping children and elderly members gain a sense of belonging and significance. When Yogi isn't working, she enjoys yoga, gardening, and HIIT training.

This workshop is offered through the Positive Discipline Association



Cancelation and refund: A full refund (minus a \$35 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop. Refunds and transfers are not available for cancellations less than 30 days before a workshop. However, paid registrants can transfer to another workshop within one year at no additional cost. Refunds are not available after a transfer is made prior to the workshop.

Special Needs

Please contact yogi@heartfeltparenting.org to request information regarding special needs



13 Continuing Education Unit hours:
The Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6723.