



# EMPOWERING PEOPLE IN THE WORKPLACE, THE POSITIVE DISCIPLINE WAY

IN PERSON IN LISBON, PORTUGAL NOVEMBER 4-6

This workshop provides professional development for Human Resources Professionals, Mentors and Coaches, Entrepreneurs, Volunteer Coordinators, Team Leaders, School Administrators and Leadership Personnel, Positive Discipline Certified Educators, Trainers, Lead Trainers, and others familiar with the Positive Discipline program.

Developed by Jane Nelsen and Dina Emser, the experience is designed to provide a step-by-step approach to help business professionals understand how to create a culture of mutual respect in the workplace. This program stands alone or offers significant enhancement to other leadership programs; it emphasizes experiential activities based on Positive Discipline principles and tools to inspire deeper understanding and change. Participants say that the Team Problem Solving Steps and the Team Meeting process provide fun and effective ways for them to get specific help with real challenges at work.

- \* Attendees will earn recognition as Certified Empowering People in the Workplace Facilitators and will learn:
  - Ways to use empowering methods of communication to promote a respectful, highly productive workplace environment.
  - Core Positive Discipline activities for a workplace audience. How Positive Discipline principles present a timely, holistic model for businesses.
  - Deeper understanding of Top Card with a focus on strengths and how to use other Empowering People tools in workplace situations.
  - How childhood memories impact some of your beliefs.
  - How to be encouraging to yourself and others.
  - How the Team Meeting process and Team Problem Solving Steps (that are so effective in families, classrooms, and marriages) are also fun and effective in businesses.

## When:

INPERSON-November 4, 5 and 6, 2022

ATTENDEES MUST BE PRESENT FOR ALL CLASSES IN ORDER TO EARN A CERTIFICATE.

## Where:

Czar Hotel, Lisbon, Portugal  
Hotel Rooms: Hotel 1908

## Cost:

\$575 Before September 15, 2021

\$625 After September 15, 2021

## Materials:

- EPW Facilitator Manual
- EPW Workbook
- EPW Tool Cards

## How to Register:

<https://www.heartfeltparenting.org/register/epwportugal>





Dina Emser is a Lead Trainer with Positive Discipline, as well as a Professional Certified Coach. She has worked for over 20 years with business professionals in Fortune 100 companies in software development, insurance and financial consulting. She has also worked with women business owners, owners of small or family-owned businesses, and non-profit directors.

As a school principal, Dina learned first-hand how to use the Positive Discipline tools she had practiced with children to be equally effective with adults. Empowering People in the Workplace, a training program to empower teams, speaks to her passion and is her first official partnership with Jane Nelsen. She has recently combined her love of training and coaching in a new program for women called Leader Lab. Members share that they are gaining the confidence and skills they need to increase their contributions at work, at home and in their communities.



Yogi Patel is the founder of Heartfelt Parenting, a Positive Discipline and Montessori consultancy, as well as the founder and former Head of School of Kinderhouse Montessori Schools. Prior to opening schools, she led an employee training program for one of PepsiCo's restaurant chains. Her passion is educating and nurturing children and offering personal guidance to parents, educators, and

businesses. Fueled by her passion, Yogi offers Positive Discipline seminars and educational training to individuals of all ages.

In San Diego, Yogi completed the Association Montessori Internationale training program and founded her first Montessori School in 2001, later expanding to a second location in 2008. She feels fulfilled helping children and the elderly gain a sense of belonging and significance. When Yogi isn't working, she enjoys yoga and gardening.

*"The program provided me with the opportunity to learn how to connect more and relate better with my employees, to get them motivated and effective."*

*-Paul Atang, Executive Director, CEO Capital Care Inc.*

*"For all schools that are interested in implementing Positive Discipline, it is important that the leadership "walks the talk". This workshop shows you exactly how to do it!"*

*-Hortencia Patto*

*"I was impressed by the quality of leadership offered by Jane and Dina and by the exceptional quality of my classmates. Every breakout group, even conversation brought great value. I have never had a better online learning experience and I'm deeply grateful for our time together. It's a gift that will keep on giving". -Scott Woolridge*