

# TEACHING PARENTING THE POSITIVE DISCIPLINE WAY



## TRAINING DESIGNED FOR PARENT EDUCATORS/TEACHERS/THERAPISTS/ CHILDCARE PROFESSIONALS

Become a Certified Positive Discipline Parent Educator

This interactive workshop is designed for parent educators, teachers, therapists, childcare professionals, and others who want an effective discipline approach based on Adlerian Psychology that integrates social and emotional learning while reducing challenging behaviors. Successful participants will earn recognition as a Certified Positive Discipline Parent Educator and will:

- **Learn research-based, effective tools and techniques** for teaching parents how to use discipline that is kind and firm at the same time (non-punitive, non-permissive)
- **Learn how to facilitate a parent class** from the position of a non-expert Gain practice with experiential exercises that help parents go beyond intellectual understanding to respond in empowering ways that teach children.
- **Learn how to use materials and activities in group settings**, parenting classes, and individual work with families
- **Earn 13 Continuing Education Credit Hours**

The Positive Discipline Association has been approved by an Approved Continuing Education Provider. ACEP No. 6723.



Facilitator:

Yogi founded Yogi Patel - Transformation Through Empowerment, a heartfelt, Positive Discipline, and Montessori consultancy. She held leadership roles in various organizations before founding and leading Kinderhouse Montessori Schools. Yogi is a certified Positive Discipline Trainer for Teaching Parenting the Positive Discipline Way, Positive Discipline for Early Childhood Educator, Empowering People in the Workplace, Art of Facilitating Positive Discipline and a Master Trainer for Empowering People in the Workplace, and a facilitator for Keeping Joy in Marriage. She holds a certificate in yoga and Montessori education and a degree in Early Childhood Administration. Fueled by her love, Yogi offers Positive Discipline seminars, one-on-one coaching, and certification training to leaders, teachers, parents, and children worldwide. She volunteers with the PDA board as an outreach and educational advisor on the Trunks and Leaves Board. Yogi enjoys yoga, cooking, HIT training, and gardening. Her passion is educating and nurturing children while advocating for youths worldwide to keep them safe from emotional, sexual, and physical abuse. She now feels fulfilled when helping children gain a sense of belonging and significance.

### When

September 26, 28 October 3, 5, 10, 12, 2023

### Time:

9:00 am - 11:30 am

### Where

Online via Zoom

### Cost

\$399 Before September 10, 2023

\$399 After September 10, 2023

Group discount for four or more registering together (\$40 off each)

Cost includes the Positive Discipline book and Teaching Parenting Facilitator Manual

### Register:

<https://www.heartfeltparenting.org/register/tpocnov>

### Refunds

A full refund (minus a \$35 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop.

Refunds are not available for cancellations less than 30 days prior to the workshop; however, paid registrants can transfer to another workshop within one year at no additional cost.

Refunds are unavailable after a transfer is made or if you do not provide advanced notice that you will not attend the workshop.

### Contact

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