

# TEACHING PARENTING THE POSITIVE DISCIPLINE WAY



This Adlerian-based program (developed by Lynn Lott and Jane Nelsen) provides a step-by-step approach to starting and leading experiential based parenting groups. This program stands alone or offers a significant enhancement to any program. It emphasizes experiential activities that reach the heart to inspire deeper understanding and change.

## Participants in this workshop will:

- Learn research-based effective tools and techniques for teaching parents how to use discipline that is kind and firm at the same time (non-punitive, non-permissive).
- Learn how to facilitate a parent class from the position of a non-expert.
- Gain practice with experiential exercises that help parents go beyond intellectual understanding to be able to respond in empowering ways that teach children.
- Learn how to use materials and activities in group settings, parenting classes and individual work with families.

**Dates:** January 23, 25, 30, and February 1, 6, 8, 2024

**Time:** 9 -11:30am PST

**Place:** Online - Zoom (San Jose, CA.)

**Cost:** \$399: Early Registration received and paid by 12/23/2023. \$450: Regular registration

**Registration includes:** Teaching Parenting the Positive Discipline Way manual, Positive Discipline book and parenting tool cards. Upon successful completion of workshop, participants will receive recognition as a Certified Positive Discipline Parent Educator. Group discount: Four or more registering together take \$50 off each. Call the Positive Discipline Association(PDA) office(1-866-767-3472).

**To Register:** <http://positivediscipline.org> (Scroll down to “Our Certifications” and select “Teaching Parenting the Positive Discipline Way) - preferred - or call the PDA office (1-866-767-3472).

**13 Continuing Education Credit Hours:** The Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6723. This workshop meets qualifications for *13 hrs. of Continuing Education credit for counselors and psychologists.*

**Cancellation policy:** Workshop Registrations: A full refund (minus a \$35 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop. Refunds are not available for cancellations less than 30 days before a workshop. However, paid registrants can transfer to another workshop within one year at no additional cost. Refunds are not available after a transfer is made or if you do not provide advanced notice that you will not be attending the workshop. In the event of cancellation, participants will be notified by email.

**Special needs/accommodations:** If you have any special accommodation needs, please contact the facilitator (see below), in advance.

**Facilitated by:** Becky Divinski, Certified Positive Discipline Lead Trainer, [becky@kindandfirmparenting.com](mailto:becky@kindandfirmparenting.com), or 408-359-7257

